



STEPtember

Walking as regular exercise is great because it's free and you can do it anywhere. But if you're looking for a change of scenery, try out these locations!

Crestwood, Pewee Valley, & Centerfield Parks

6826 W HWY 22
Crestwood **Maples Park: features walking paths, splash park & more!**

312 Mt. Mercy Dr
Pewee Valley **Central Park: Walking path, garden & gazebo**

7400 E Orchard
Grass Blvd
Crestwood **Briar Hill Park: Hiking trails, playgrounds, and recreational areas**

6887 RTE 2858
Crestwood **Peggy E. Baker Park: paved walking trail and dog park**

LaGrange & Buckner Parks

1151 Hwy 393
LaGrange **Wendall Moore Park: 2+ miles of paved walking paths, multiple facilities**

Commerce
Parkway,
LaGrange **Commerce Parkway Walking Trail: 3.2 miles of paved walking/bike trail. Parking available at 71 exit 18 or at LaGrange Library.**

308 Yager Ave,
LaGrange **Storybook Trail: A short paved trail featuring a children's book to enjoy on the way! Perfect for small children**

Goshen & Westport Parks

Creasey Mahan Nature Preserve:
walking trails, playgrounds, and
facilities

12501 Harmony Landing Rd,
Goshen

Morgan Conservation Park: Hiking trails featuring mixed terrain (for the experienced walker)

1200 Kentucky 524,
LaGrange

Harrods Creek Park: 4 miles of walking trails from easy to moderate difficulty

6530 Montero Dr.
Prospect

Record your steps at bit.ly/STEPTEMBER21 or scan the QR code:

